THE CHINOOK ADVANCE

Vol. 22 | Chinook, Alberta. Thursday, June 29th 1939 | NO

PREMIUM MILK PRODUCED

The Ontario Provincial Pasteurization legislation has caused a great deal of discussion on the value of milk before and after it has been pasteurized. In the latest issue of "Health", published by the Health League of Canada, which has long advocated a general law on pasteurization; the production of premium milk is outlined by J. W. Lawrence, of Toronto, an expert on the subject.

Among other things, he says: "The question has arisen on many occasions as to whether or not the regulations made by the local Boards of Health are too exacting in regard to production of milk. In Toronto and Hamilton there has arisen a demand by many consumers for milk that is produced under very stringent regulations and high standars. This milk is known as a premium milk as the producers receive more for it than for milk produced under the present regulations. These high standards, supervised by veterinary surgeons, are creating a lot of interest among the producers and the purpose of this article is to outline these articles which the premium milk producers have been following during the past year and a half.

"Many excellent articles, booklets etc. have been written on the value of milk from a nutritional standpoint. Milk consumption will increase when a bottle of milk is produced that consistently by its flavor will appeal to children and adults alike. The standards that are discussed are designed to eliminate and eradicate all contamination from any source which is the "Number 1 Enemy" of the fine and delightful flavor of a cool glass of absolutely clean pasteurized milk.

"This premium milk is now being produced for the Toronto and Hamilton markets by producers located from Goderich to eterboro to Colborne. At one time it was doubtful whether producers would be interested in these high standards but there is now a waiting list. There is no doubt that as consumers become interested in a really fine flavored milk, there will be producers ready to make an investment in the necessary equipment and to produce milk under the rigid control.

ROYAL ENGINE AT THE NEW YORK WORLD'S FAIR

MONTREAL, June 21. — Largest streamlined locomotive in the British Empire, the giant "6400" of the Canadian National Railways, which hauled the Royal Train to the Niagara frontier, has been placed on the display track of the railway exhibit at the New York World's Fair and will also have a place of honor in the transportation pageant throughout the month of July.

The Royal "6400" and the other locomotives of the same type in use on the National System are among the most powerful and serviceable engines in operation on North American rails. In regular daily service they cover from 10,000 to 14,000 miles every month, more than three times the distance between Montreal and Vancouver. They have been covering this big monthly mileage without a hitch ever since they were put into service two years ago. They are noted for their smooth performance and favorable comment was made by members of the Royal Party on their arrival at Niagara Falls on the excellent run of the big engine and the manner in which it was handled by Engineer, J. P. Woodcock and Fireman R. Hunt.

Designed by John Roberts, chief of motive power and car equipment, the "6400's" follow a streamlining plan which makes them a striking and beautiful example of modern motive power. They are more than 94 feet long with tender and have driving wheels 6 feet five inches in diameter.

its fisheries, in its forests and in its water powers, the land is and will remain the country's greatest asset. Our civilization was founded on agriculture and still exists, by virtue of agriculture. In the British Isles the afrmers are the mainstay of the nation, and there the land is the chief asset, even though the country is predominantly industrial. He said that as a youth in Scotland his ambition had been to be a sheep farmer and had he followed that vocation it is possible he would have done less mischief than he has done.

There are definite signs of improvement in the economic and employment situation in Canada·
—Hon. Gordon Scott

BIG DROP IN WORLD WHEAT PRICES

Acreage reduction in the United States and lower yields in Europe prompted the bureau of agricultural economics to predict today that the world wheat crop would be nearly 600,000,000 bushels below last year's production of 4,555,000,000 bushels.

The July 1 carryover, however, will be "about double" the 1938 figure of 600,000,000 bushels, the bureau forecast.

Production increases were predicted in Canada and North Africa.

GOVERNOR GENERAL PRAISES P.F.R.A. TO BRITISH FARMERS

When a party of British Farmers visited the Central Experimental Farm on May 23rd, His Excellency, Lord Tweedsmuir, Governor General of Canada, took occasion at a luncheon given at the Farm to speak highly of the work that is being done in Western Canada in connection with Prairie Farm Rehabilitation.

The visitors made a few days tour of part of Eastern Canada before going to New York City to see the World's Fair. They sailed on the return voyage from Montreal on May 27th aboard the S.S. Athenia, the same boat on which they made the westward passage.

"You should go to Western Canada," said His Excellency, "not only to see where the finest wheat in the world is grown, but to see the wonderful work that is being done to prevent soil drifting, soil erosion, in getting the land back to pasture, in water development and water conservation. There is no finer piece of practical scientific work being done anywhere."

His Excellency said that while Canada has great assets in its mines, in

Her Excellency, Lady Tweedsmuir also attended the luncheon, as some members of the party are neighbors of Their Excellencies, whose home in England is at Elsfield, near to the City of Oxford.

The visitors were welcomed to the Farm by Dr. E. S. Archibald, Director, Dominion Experimental Farms and he and the Chiefs of the different divisions spent two hours in showing the party round the farm.

Dr. G. S. H. Barton, Deputy Minister, Dominion Department of Agriculture, presided at the luncheon and introduced the Governor General Dr. Barton referred to the fact that Canada owes a great deal to the British farmer, who is recognized as incomparably good. He said that His Excellency had a keen interest in anything to do with agriculture in Canada, which is a helpful and encouraging factor.

LOCAL NEWS

Banner Hardware and Grocery Store will be closed Saturday, July 1st, Dominion Day.

• • •

Mr. Clayton Nelson, of Medicine Hat, visited over the week-end at the home of Mr. and Mrs. R. Marr.

• • •

Mr. and Mrs. Adam Marr visited for a few days at the home of their son, Mr. Allan Marr.

• • •

Mr. J. Peyton was a Calgary visitor last week.

• • •

Mr. Jas. Duck left on Thursday for Lyalta, where he will be employed by the C. N. R. on relief work in that town.

• • •

A number of the Chinook children attended the clinic at Youngstown namely: Jean Peterson, Betty and Audry Zawasky, Paul and Nettie Albertos. Doris Mayfield and Henry Schmidt.

• • •

Mr. and Mrs. Fred Hobson and family, who were calling on friends in town Monday were supper guests at the W. Wilson home.

• • •

Rev. H. A. Whaley find a hurried visit to Chinook Wednesday afternoon to say farewell to his many friends before leaving for his new charge at Notikewin. Mr. Whaley regretted the impossibility of calling at the homes of all his friends to say good-bye personally and trust that this notice will be accepted as such.

M. Whaley also expressed his most sincere regrets for not being able to meet with the Chinook friends for his farewell service on Sunday last, but both weather and road conditions made it absolutely impossible.

He says good bye in the words of the text of his farewell message: 2 Cor. 13-11

Finally, brethern, farewell. Be perfect, be of good comfort, be of one mind, live in peace; and the God of Love and peace shall be with you.

The Ladies' Card Club Met Tuesday Evening

The Ladies' Card Club met on Tuesday evening with Miss Donalda MacLean as hostess The honors were shared by Mrs. Jas. Peyton and Mrs. W. Wilson.

The Club will discontinue holding their meetings for the months of July and August.

NOTICE OF IMPOUNDMENT

NOTICE IS HEREBY GIVEN that 4 Young mares Buckskin, black strip down back, Bay, Dark Bay, Light Bay
2 — yearlings
1 — 2 years old
1 — 3 years old
No visible brands,
Was impounded in the pound kept by W. H. Davis, located on the N. W. quarter of Section 36; Township 27, Range 8; W. of 4th, on the 2nd day of June 1939

W. H. Davis
Chinook

YOUNGSTOWN HAD BAD HAIL STORM

On Friday of last week a bad hail storm struck Youngstown breaking some windows and flattened the wheat to the ground south of the town.

COAST VACATION COSTS CUT!

NEW LOW 30-DAY FARES
TO VANCOUVER AND VICTORIA
from stations in Alberta (Edson and east), Saskatchewan, Manitoba and Ontario (Port Arthur, Armstrong and west.)

GOOD GOING:
JUNE 30-JULY 1-2 JULY 14-15-16
JULY 28-29-30 AUG. 18-19-20
SEPT. 1-2-3 SEPT. 15-16-17

Visit the SAN FRANCISCO WORLD'S FAIR. Low 21-day fares from Vancouver.

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Air-conditioned trains —Clean and Comfortable. Tasty, Medium-Priced Meals in the Diner.

Full Particulars From Any Agent
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CALGARY Exhibition and STAMPEDE
in Coaches from all stations in Saskatchewan, Alberta and British Columbia (Vancouver, Prince Rupert and East)
(Minimum Fare 25c)

JULY 8th to 15th
Where no train service on July 8th, tickets will be sold on July 7th
Return Limit, JULY 18th
Proportionately Low First Class Fares
Information from Any Agent
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Shoe Repairing

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Painting, Plastering, Carpentering & Paper Hanging

Prices Reasonable

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1st Door North of Hotel

Cancer : The Killer

Tuberculosis, once the most insidious of diseases to which human flesh was heir, has been brought within control in Canada within the past decade as a result, not only of improved technique in the treatment of cases, but more largely because of the general and widespread adoption of better preventive methods, including a rigid system of inspection of contacts and potential contacts. As a menace to human life tuberculosis is on the way out.

Now the fight is on throughout the Dominion to reduce to a similar degree of impotence that most dreaded foe of the middle aged and the elderly —cancer.

As most people now know cancer is near the head of the list of the as yet unconquered diseases which take a heavy, and in its progress a painful, toll of humankind in this and in other civilized countries of the world. At present it is a more difficult enemy to subjugate than tuberculosis for several reasons. One of these is the fact that the cause of cancer has not yet been determined. If it is the work of a germ, and medical science is doubtful about that, the microbe responsible has not been found and isolated. For that reason cancer is not subject to medical treatment. There is no known drug which will prevent, control or cure this terrible disease, despite the claims of quackery.

Another difficulty in prosecuting a war on cancer is the fact that its presence may be unsuspected by the victim until it is too late for treatment to be effective. As a general rule it is painless in the early and curative stages. For that reason early diagnosis is absolutely imperative, for later, the chance of effecting a cure becomes progressively more remote.

* * * *

Education Needed

This means that if the disease is to be brought within control a public campaign of education to make the public aware of the symptoms which may or may not indicate the presence of cancer before it is too late for effective treatment, and of the necessity of seeking medical advice without delay at the first suspicion that something is wrong, is essential.

Arguments have been advanced against the now generally approved plan of the medical profession to make the public cancer-conscious on the ground that people are likely to be frightened, but as has been pointed out by more than one authority, fear has been one of the deterrents against early diagnosis. Many have failed to consult their medical advisers until too late because it might mean an operation and they were afraid of an operation.

"You are going to frighten the people to death", complained one critic to the late Lord Moynihan, British cancer expert, at the close of one of his lectures on cancer. "I am trying to frighten them into life," replied Lord Moynihan. "I never heard of anyone dying of fear but thousands who might have been saved are dying of cancer."

While this educational campaign among the public has only been under way for a few years on this continent there is reason to believe that it is already having some effect and that some lives have been saved which would otherwise have been lost.

* * * *

Results In Evidence

Evidence in support of this statement was recently given by Dr. Frank E. Adair in the bulletin of The American Society for the Control of Cancer, an organization which is spending $100,000 a year in its educational campaign. Some of the results reported by Dr. Adair are as follows:

1. A study of 750 patients with cancer of the breast, skin, mouth, rectum and uterus showed that 75 per cent. of the cancers had left the original site and had spread to the lymph nodes. A similar study four years later of 900 such cases showed a decrease from 75 per cent. to 66 per cent. that had gone to the lymph nodes.
2. In a study recently made in one hospital, it was found that in 1920, 54 per cent. of the cases of breast cancer arrived too late to be operated on, while seventeen years later, in the same hospital, only 13 per cent. of the cases arrived too late to be operated on.
3. A study completed only recently showed that the average age for women who came to the doctor with cancer of the breast, from 1920 to 1926, was 54.3 years. A study made in the same hospital on the breast cancer cases arriving from 1930 to 1936 showed an average age of 51.1 years.
4. A recent study of the size of the cancers removed at operation showed that 71 per cent. were over one inch in diameter, while in the same institution five years later, only 66 per cent. were over one inch in diameter.
5. Another study, recently made, showed that in one hospital the cancer patients were arriving with cancers so small that it was necessary to make a biopsy (an excision for microscopic study) in three times as many cases as was necessary 15 years earlier when cancers were larger and the diagnosis consequently easier.

* * * *

Hope For The Future

To those who appreciate the dread character of this disease and the importance of early diagnosis the foregoing evidence must be very heartening, for not only does it indicate that already some results from public education are being achieved but also that much greater results can be attained as the scope of the educational campaign is widened.

The extent to which results can be achieved, and the rapidity with which they can be achieved, will be determined by the amount of money which is made available for the continuance and extension of the campaign.

Japanese Dancers

Public Performers Seek Other Work Since Outbreak Of War

The Japan Times Weekly says the taxi dancers in Tokyo and elsewhere have been decreasing in number since the outbreak of the China trouble. Half their number are supposed to have given up their jobs and turned to other lines for their living. Before the country had passed under wartime conditions the best dancers used to earn more than 600 yen a month. The highest earning figure nowadays is less than 60 yen.

This situation may be explained chiefly on the ground of dancing being under a cloud. The police believe that men and women should not be dancing when men are fighting out in China. The official mind refuses to draw distinction between frivolity and pleasure.

Salvador expects its 1939 coffee crop to weigh 130,000,000 pounds.

WILSON'S

REALLY KILL

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How Times Change

Modern Fast Transportation Annihilates Distances In West

The other day an airplane left Lethbridge and 20 minutes later it was over Calgary. Twenty minutes for 125 air miles.

When the North West Mounted Police started out on their long trek from Bismark, North Dakota, in 1874, looking for a place in the North West Territories of Canada to establish a fort and bring law and order to the prairie regions, it took them all summer and part of the fall to make the trip to Fort Macleod. When Fort Calgary was established the next year it took two days by stage coach to drive from Calgary to Macleod. From Fort Benton, Montana, to Fort Macleod, Alberta, it was 10 days by bull team to haul in the necessary freight. And now, we can travel from Lethbridge to Calgary in 20 minutes.—Lethbridge Herald.

Chose Safest Way

A cook in a well-to-do home in Washington was faced with a trying problem during the Royal visit. She had taken out her first citizenship papers, but was afraid that if she saw the King and Queen she would give up all thought of getting the second papers and go back to England. She skipped the parade.

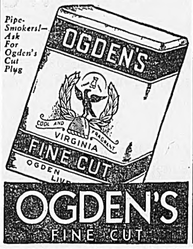
Only one of the five boroughs that make New York City—the Bronx—is part of the mainland of the United States. The other boroughs are on islands.

The Willamette meteorite, weighing 15½ tons, actually was stolen in 1903, and moved almost a mile from the spot where it originally rested.

2313

It's such a smooth silky cigarette tobacco, this Ogden's Fine Cut. The kind that's cut to roll right and to smoke right. Wise roll-your-owners choose Ogden's and they pick the best papers too — "Vogue" or "Chantecler".

Pipe-Smokers!— Ask For Ogden's Cut Plug



OGDEN'S FINE CUT

Switzerland Plays Safe

Has Never Depended Entirely On Other Nations For Defense

In 1815 the perpetual neutrality of Switzerland and the inviolability of its territory were guaranteed by Austria, Great Britain, Portugal, Prussia and Russia, but the Confederation has never neglected what its people regarded as adequate military defense, and to-day they are not unmindful of the dangers that beset small nations. To strengthen the Army the Parliament readjusted the national service program last month, and it is significant of popular feeling that the measure accomplishing this was allowed by the people to become effective without a referendum. A few years ago such acquiescence in a statute imposing further duties on the people would have been inconceivable in a country where the referendum is resorted to freely. A referendum was held recently on a rearmament and public works plan the cost of which is put at $90,000,000. The vote was 444,000 in favor of the expenditures against 199,000 in opposition. The sum to be expended under this authorization amounts to almost four-fifths of the total of budget estimates for 1937.—New York Sun.

SELECTED RECIPES

RAISIN NUT SPICE CAKE
(Two Eggs)

- 2½ cups sifted Swans Down Cake Flour
- 2½ teaspoons Calumet Baking Powder
- ¼ teaspoon salt
- 1 teaspoon cinnamon
- ½ teaspoon mace
- ¼ teaspoon cloves
- ½ cup butter or other shortening
- 1 cup sugar
- 2 eggs, unbeaten
- ⅓ cup molasses
- ¾ cup milk

Sift flour once, measure, add baking powder, salt, and spices, and sift together three times. Cream butter thoroughly, add sugar gradually, and cream together until light and fluffy. Add eggs, one at a time, beating thoroughly after each. Then add molasses and blend. Add flour, alternately with milk, a small amount at a time, beating after each addition until smooth. Bake in two greased 9-inch layer pans in moderate oven (375 degrees F.) 25 to 30 minutes, or until done. Spread Raisin Nut Filling between layers and Lemon Butter Frosting on top and sides of cake.

Raisin Nut Filling

- ½ cup brown sugar, firmly packed
- 4 teaspoons butter
- 8 teaspoons water
- ½ cup broken walnut meats, toasted
- ½ cup cut seeded raisins
- 4 teaspoons cream or rich milk (about)

Heat sugar, butter, and water in skillet, and cook until mixture forms a soft ball in cold water (236 degrees F.). Remove from fire; add nuts and raisins. Add cream until of right consistency to spread. Makes enough filling to spread between two 9-inch layers.

A Good Description

Young Mr. Benderbury landed home late from a whist drive. He brought a prize—a large oil lamp. He handed it proudly, if unsteadily, to his sister.

"It's so like you," said his sister, and Mr. Benderbury looked pleased.

Then she continued: "It's good looking and wants a lot of attention; unsteady on its legs, and when half-oiled inclined to explode; flares up occasionally; out at bedtime, and smokes too much."

Children, says a psychologist, shouldn't perform on the radio. So many, it seems, grow up and become adults who shouldn't either.

Western Agriculture

Why Wheat Is Necessarily The Staple Crop In The West

The farmers of Western Canada grow more wheat than any other crop for the simple but sound reason that wheat does better in many areas than any other farm plant that will grow on the prairies. Wheat is a drouth-resistant plant and the prairies are regions of comparatively light rainfall, so that year in and year out wheat will yield more pounds of dry matter than any other grain.

The suggestion is often advanced that more flax should be raised in the west. It is true that the production of flax has declined in Western Canada, but there are good reasons for that. When the prairies were first broken the weed problem was non-existent. With each passing year the numbers and varieties of weeds have increased and the flax plant cannot compete with weed life nearly as effectively as wheat. Again, there are no large world markets for flax, and a comparatively small increase in production would soon flood all available markets.

There is an alternative to wheat growing which has been recommended by the ablest minds among technical agriculturists, and that is the restoring of a portion of each farm to grass. Admittedly this process will not bring immediate returns in the way of cash as would the continuous production of wheat, but it will tend to rest and preserve the land and restore in some measure the lost fertility.

The average farmer knows that he cannot go on producing wheat on his land year after year. Each crop takes certain fertility out of the soil and this must be restored or the yields will go down, and in time the farm will become worthless. The problem of restoring fertility to western acres must be solved sooner or later. Much of the farm land in the west has been cropped from a quarter to a half of a century and the days of big yields have departed. —Calgary Herald.

Vast Game Areas

Parties planning a hunting trip would be well advised to investigate what Canada offers the hunter. Her more than 1,000,000 square miles of forest shelter practically every species of wild game native to this continent, while countless lakes and sloughs are the nesting grounds of wild ducks, geese and other game birds.

Just Nobody's Business

King George and Queen Elizabeth placed United States bills on the collection plate as it passed before them at church in Hyde Park, N.Y. All efforts of newsmen to find out how much they donated were unsuccessful. The collectors just would not talk.

The Russian geographer Shokalsky is honored by having named after him an island, a strait, two glaciers, a peak, and several other geographic features.

A bust of pure gold, thought to be of the Roman Emperor Anthony the Pious, who died about 161, has been found in Vaud, Switzerland.

Message From The King

His Majesty Has Praise For The Boy Scouts In Canada

Hearty commendation of the fine appearance of the many Boy Scouts and Wolf Cubs who played a part in the royal tour arrangements has been received at Ottawa from King George.

In a message to the governor-general, Lord Tweedsmuir, Chief Scout for Canada, for the Boy Scouts' Association, the King wrote:

One of the pleasantest features of my tour through Canada has been the sight of the strong contingents of Boy Scouts and Wolf Cubs in all parts of the Dominion. I have been greatly struck not only by their numbers, but by their smart appearance and fine physique. These boys are indeed a credit to Canada and to the Boy Scout movement, the value of which both you and I know so well.

As Chief Scout for Canada would you please convey to all members of the association my warm thanks for the good work they have done in connection with my visit and my congratulations on the way in which they are maintaining the Scout tradition in this great country. I wish them all the best of luck. I am,

Yours very sincerely,

GEORGE R.I.

Porcupine Prospectors

Gold Was Found In The District In 1896, Says Geologist

Porcupine Prospectors' Association has arranged celebrations to commemorate the 30th anniversary of the first gold discovery in the Porcupine district, but a letter received indicates that at least one man knew of the presence of gold in the district 43 years ago.

The letter was from E. M. Burwash, prominent Toronto geologist, who said the Ontario Bureau of Mines detailed him to geological exploration of the area in 1896. At that time, Burwash saw "white veins of quartz carrying small amounts of free gold."

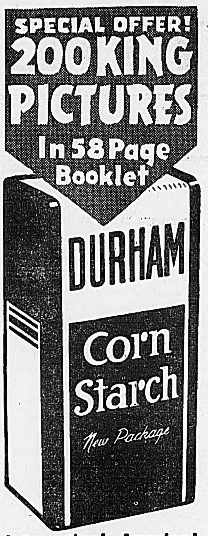
The retired scientist said the only known inhabitants of the Porcupine area in 1896 were an old Indian chief called Buffalo and a Scot named Angus McLeod, who lived in an abandoned Hudson's Bay Company post. McLeod was married to one of Chief Buffalo's daughters and never returned to "civilization" except for six months at Sault Ste. Marie, then little more than a trading post.

A Real Salesman

In Eau Claire, Wisconsin, Oil-burner Salesman W. B. West, arrested for speeding, could not pay the $20 bail bond. He got the money by persuading the desk sergeant to make a $20 down payment on an oil-burner.

The Arctic tern holds the record for long flights. Each season it flies from the far north to the shores of the Antarctic continent, a distance of approximately 7,000 miles.

Television experimentation in the United States is in the hands of private enterprise, backed by thousands of stockholders, while in Europe it is in the hands of state officials.



Interesting! Amusing! Educational! *get yours*

The King Book will interest, amuse, educate and prove valuable to both adult and child. The makers of Bee Hive Syrup purchased exclusive publishing rights for Canada. The adult will enjoy the descriptive footnotes—the children the fascinating pictures—(many children will want to color them in). Already many thousands have their copies. The book has 58 pages with two to four illustrations on each page—pen and ink drawings of over 200 incidents—highlights in the lives of over 50 English Kings. To our knowledge there is nothing else like it in Canada.

To get your copy of this book send only 5c along with one Durham Corn Starch and one Bee Hive Syrup label . . . that's all . . . specify "Kings' Book" —your name and address—and mail to the St. Lawrence Starch Co. Limited, to the address on the labels. D15

Send 5c with Durham Starch and Bee Hive Syrup Labels

Worked It Out

Telegram Addressed In Welsh Was Delivered To Right Place

It would be hard to find anything to beat this for efficiency. The London general post office not long ago received a telegram from Cardiff addressed to "ygwestyped wart wruw chia wrparc London." A Welshman was put on the job, and he translated the address into English. It meant "The Hotel with the Four Towers overlooking the Park". The post office sent it on right away to Grosvener House. And they were right.

The late King George V. made a hobby of rearing budgerigars, the beautiful Australian love birds.

STOP Scratching Relieve Itch Fast or Money Back

For quick relief from itching of eczema, pimples, athlete's foot, scales, scabies, rashes and other externally caused skin troubles, use world-famous, cooling, antiseptic, liquid D. D. D. Prescription. Greaseless, stainless. Soothes irritation and quickly stops intense itching. 35c trial bottle proves it, or money back. Ask your druggist today for D. D. D. PRESCRIPTION.

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CHAPTER XIII.—Continued

Conrad Jordan was Gunnar's only defender. All Danavale condemned him hotly. The elders considered it a blessing that he had gone—his presence, they understood from her mother, was only a torment to the poor child—but certainly he had acted most shabbily.

"What a heel!" Sarah Lynn's young brother said. "Gosh—what a heel!"

Because of his defection, because he was the alien, the intruder in the clan, Danavale had convinced itself that Gunnar Thorwald was, indirectly, the reason for Sarah Lynn's tragic accident.

Lynn Dana and Conrad Jordan agreed to cease discussing it. The flier stood loyally by the ace.

"I don't see what else the boy could do, Lynn. She turned from him—she shrank from him—in horror. She begged him to go away forever; she told him repeatedly that she never wanted to see him again."

"But—in her condition—"

She begged him to go away forever.

"No; she was not under opiates; she was absolutely clear. Upon my word, I don't see how he could have acted otherwise."

Conrad Jordan went back to Tahoe to close his lodge for the winter. The man in the wheeled-chair wrote to his travelling cousin:

"I cannot help feeling that Gunnar acted ignobly. And yet—what could he accomplish by staying? If Sarah Lynn is to be helpless, what, after all, would they have in common? It was, we must in justice remember, a plant of hasty growth; not deeply rooted, I dare say. Flying brought them together. But now—even without her injury, I doubt if he could have fitted himself into our scene; eagles don't make barnyard fowls.

"They are bringing her home from the hospital in a few days. Her mother has turned over her own sitting-room to Sarah Lynn. Duncan Van Doren is a pattern of devotion, they tell me—constantly there, reading aloud, always on the job. Well, perhaps it helps a little; the test comes later, when they know whether she has a chance of more than partial recovery."

The typewriter was silent while he looked up at the pipe-rack above his fireplace, done in painstaking pyrography with unconvincing poppies painted in, and below, in rather wobbly letters, the verse:

It matters not how strait the gate,
  How charged with punishments the scroll,
I am the master of my fate:
  I am the captain of my soul.

The girl who had made that for him, the golden-curled, violet-eyed, mother-of-pearl maiden who had sobbed that she would sit beside his chair all the long days of her life, had not been put to the test. If she had not died— He wondered. It was a fragrant memory.

Mrs. Edwin Dana's upstairs sitting-room had always been a place of cozy cheer, but now it fairly radiated and exuded joyous serenity. People came into the room with rising infectious, stepping lightly on the balls of their feet. They sometimes paused outside the door to arrange their smiles.

Miss Pennington sat there with her sewing, and young Bill racketed in on his return from school, and her father and the older brothers came for brisk and breezy chats before or after their dinner.

Her mother and Duncan, one or the other, were always there.

"Did you ever see such devotion?" people asked, almost reverently. "If Cousin Adelaide isn't the very essence of self-sacrificing mother-love! And Duncan, well, if ever a fellow deserved a reward—"

Mary Dana Webster told her husband, "I loathe having to admit it, because I never could see him with a binocular, but Duncan is certainly a wonder about this. Honestly, he is. I never gave him credit for really caring, tremendously; I thought the whole affair had been motivated by the mothers. But he must care, Neddy."

Her husband turned a lathered face. "Probably does, poor kid."

"Of course, I think he's getting a great kick out of his own nobility. No, really—I don't say that cattily. It doesn't detract from his credit. But I do think he dramatizes himself—Gunnar Thorwald, Norwegian ace, heartlessly flying home, deserting his helpless, paralyzed sweetheart; Duncan Van Doren standing by. Well, that's natural enough. And as for Cousin Adelaide, actually, she gets more beautiful by the hour, and I don't believe she was ever happier in her life."

"Oh, come, now," he reached for his shaving lotion. "That's pretty thick, old gal! After all her grief and shock and—"

She stood her ground. "I can understand it. Cousin Adelaide is one of those born-to-commanders, and for the first time Sarah Lynn is obeying. Even as a baby, she wriggled away, and was a contrary child, and she wouldn't make a proper debut, and she wouldn't be engaged to Duncan Van Doren. And then she would fly, and she would marry a foreign flier. Now her mother's got her, utterly. She's just as much in a cage as those jittery canaries. She broods over her and feeds her like a baby bird in a nest."

To her husband's bewilderment she burst into angry tears.

CHAPTER XIV.

Slowly, almost imperceptibly, month by month and then week by week, Sarah Lynn improved, inching her snail-like way up the hill of progressive recovery. The eminent bone specialist was delighted, the local doctor enthusiastic. She could turn her head; she could use her hands; she could have the bed tilted; the frame and the cast gave way to a brace. Joy, dewy and triumphant, pulsed through the pretty room, and Aunt Helena wore prophet's robes, swimming the gleaming lawns between the two houses.

Sarah Lynn told herself, "The inside of my mind is just like the inside of this room: it is peaceful and warm and I will keep flowers blooming in it and canaries singing and kittens playing. I won't let Lightning come into my room or into my mind because she whines and moans for me to go out and I am never going out any more." She was always faintly smiling and her eyes were never wide open. Her mother felt she needed mental stimulus. "Darling, now you're so marvelously improved, wouldn't it be nice to brush up on your French or review your art history?"

"It would be very nice," Sarah Lynn answered with her strange new docility. She had gained a little flesh and now her dark eyes did not overflow her face so completely.

Duncan read aloud pleasantly in a well-modulated voice which never grew hoarse. At least once a week he put the book down and picked up her hand and kissed it and asked her again to marry him.

"No; I couldn't do that to you, Duncan," she always told him gently. "That would be a dreadful way to repay all your kindness."

"There isn't any question of repayment, Sarah Lynn. But if you think I rate a reward—you know what I want!" His sensitive, fine-featured face would flush and his eyes mist for a moment. There was no possible doubt now as to the depth of Duncan's devotion and it gave him dignity; it actually made him seem larger. A sudden and excruciating toothache sent him to the dentist one afternoon when Mrs. Dana was doing sad duty at a funeral. "I'll call Penny to come and sit with you," he said, hurrying away.

The governess sat down and put on her reading-glasses. "I don't want to go on with Mr. Duncan's book and put him to the bother of catching up," she said. "I picked up some things I've been dipping into myself."

Miss Pennington cleared her throat. "I've been reviewing my Scandinavian history a bit. Fascinating I find it." She kept her pale, protuberant eyes on the page. "The Norse women were very advanced, I was interested to discover, from the earliest periods. Advanced, I mean to say in the sense of their position. Famous housewives understood medicine in a crude way, and had a fine position in society, and were counted almost the equal of men. Very hospitable, they were! The traits of the Norse women—"

There was an odd, muffled sound from Sarah Lynn. "And the Norsemen," she said thinly. "Aren't you going to tell me about the traits of the Norsemen, Penny? Well, it's not necessary: I remember perfectly." She began to recite in a toneless sing-song: "The Norseman had a keen mind; his heart was as much steel as his sword; he loved battle and the stormy seas; he admired the strong, the brave; for the old and feeble he had no interest; for the suffering, no sympathy; the weak he despised."

(To Be Continued)

Often Wrongly Used

National Flag Should Be Displayed For Patriotic Reasons Only

A bit of a rumpus has occurred in Detroit because a picket outside an automobile plant carried the American flag which got knocked down in a scuffle and trampled upon.

Of course, that was no place to carry the Stars and Stripes. No national flag should be displayed in any way whatever on any occasion except a purely patriotic one. Political parties are given to displaying the Union Jack as if their party was its champion and upholder. We have seen the Union Jack used as a cover for the chairman's table with a jug of water and a tumbler and perhaps a vase with flowers on top of it. Such procedure is utterly wrong. Nothing should ever be placed on the national flag. It should be used in the right place and hung as it should be hung.—St. Thomas Times-Journal.

African Tarzan

Twelve-Year-Old Native Boy Found With Tribe Of Baboons

The existence of a real-life "Tarzan" was described by Prof. R. Ruggles Gates of King's College University, London. Professor Gates published a report from a colleague in South Africa, describing how a native boy of about 12 was found with a tribe of baboons. He could make only guttural sounds when found, but was taught English and the Afrikaans dialect, the report said. Subsequently he was said to have told his experiences, relating that his food was mainly crickets, ostrich eggs, prickly pears and wild honey.

There are approximately 100 licensed airports in England.

Do This If You're NERVOUS

Don't take chances on products you know nothing about or rely on temporary relief when there's need of a good general system tonic like time-proven Lydia E. Pinkham's Vegetable Compound, made *especially for women* from wholesome herbs and roots.

Let Pinkham's Compound help build up more physical resistance and thus aid in calming jangly nerves, lessen distress from female functional disorders and make life worth living.

For over 60 years one woman has told another how to go "smiling thru" with Pinkham's—over 1,000,000 women have written in reporting glorious benefits—it MUST BE GOOD!

The Lonely North

R.M.S. Nascopie Will Make Her Annual Trip To Arctic Waters

Romance will be wedded to cold fact when on July 8th, from the Port of Montreal, R.M.S. "Nascopie" turns her bows down the St. Lawrence headed, once again, for lonely Arctic seas. While the cities swelter in summer heat, chill polar winds will trail Nascopie's smoke behind her, while her white wake traces a path across the heaving wastes to havens where for many days expectant eyes have swept the horizon.

Nascopie's appearance in that world of treeless hills, sapphire sea and icebergs the hue of trolls' palaces, spells relief, release, human contact and that greatest of all gifts to those in exile self-imposed—letters, papers, books from home!

Fur trader, Mounted Policeman, prospector, missionary — all whose lives call them into the lonely north welcome the Nascopie's arrival as the red-letter day of their year.

The Nascopie with food, supplies and mail touches at Labrador, Northern Quebec and the Northwest Territories, passes through Hudson Strait into the Bay and visits many a strange port of call before she arrives at "Civilization"—Churchill, Man., about August 7th. Then north into the Arctic, battling frozen seas, crushing her way through the ice until she reaches Craig Harbour, the Empire's most northerly post office, around August 27th. Turning south she visits other outposts, including Pangnortung, ending her voyage at Montreal at the end of September.

All classes of mail going to or coming from people in the Arctic are handled aboard. Postal facilities in the Arctic area are widely used and last year it was reported supplies of stamps had to be increased as previous ones had been depleted before the arrival of the ship. Stamp collectors the world over covet the Arctic cancellation and no inconsiderable part of Nascopie's cargo is philatelic mail from all countries of the world.

This summer, with service being given the Eastern Arctic, Ellesmere Island, Baffin Island and points on Hudson Bay, all classes of mail except C.O.D. will be accepted for delivery.

Parcels posted for connection with Nascopie at Montreal must be prepaid at the domestic rate to Montreal and those posted for connection with the Nascopie at Churchill must be prepaid at the domestic rate to the Province of Manitoba.

May Return To Spain

Former King Alfonso Has Privilege As Private Citizen

Former King Alfonso of Spain may shortly return to Spain and reclaim palaces and personal properties valued at about $2,000,000.

It is reported reliably Alfonso, who fled into exile in 1931 after a sweeping Republican election victory, is considering staying for several weeks in the summer palace of Miramar in San Sebastian and that he may shortly leave Rome for the seaside resort.

Alfonson now is privileged to return to Spain—as a private citizen—at any time he desires. General Franco restored full citizenship rights to the exiled monarch last December. Franco annulled acts of the Republican parliament of April 14, 1931, which stripped the former ruler of his titles and properties.

New Style Cucumber

The Rothamstead experimental station, England, in studying the standardization of fruits and vegetables, has developed cucumbers of a standard length of eight inches and without curves.

The grasshopper cricket of India rolls up its wings when they are not in use.

American women spend 50 per cent. more for footwear than do British women.

Seedless raisins exported from Turkey in 1938 weighed over 50,000,000 pounds. 2313

Results Are Gratifying

Founders Of Scout Movement Have Reason To Be Proud

Scouting in Canada continues as a major force for good in those elements building self-reliance and integrity as part of the national character. As has been often said, few individuals in their day have lived to see such lasting and eminently worthwhile results spring from their endeavors as have the founders of the world-wide organization of Boy Scouts and Girl Guides.

It is a tribute both to the character of the Canadian people and to Lord and Lady Baden Powell that within the last four years some 200,000 Scouts have passed through the senior organization, or remain actively indentified with it—a record closely followed by the Guides. Within the movement itself there is the saying that "Once a Scout, always a Scout."

Inherent in both organizations are elemental truths that will hold good for all time. Honesty, self-reliance, cheerfulness, industry, team-work, and loyalty to God and man are sure foundations for worthwhile life. Under patronage of His Excellency the Governor-General at Ottawa, and national and provincial officers everywhere, both organizations are in good hands, and building daily something that Canada could not afford to remain without. These are the days to "Be Prepared!" — Victoria Colonist.

Pensions For Veterans

At the end of the last financial year, March 31, a total of 80,139 war veterans were receiving pension, with an annual liability of $40,413,665, according to a statement issued by Pensions Minister Power. The number was an increase of 211 over the last financial year, but a decrease of $268,390 in financial liability.

Mrs. Livingstone Wilson, nearly 80 years old, the last surviving daughter of the great missionary-explorer, has brought over to the World's Fair at New York a number of Livingstone relics.

A new city hall at Norwich, England, took nearly three years to build and has a tower 185 feet high, which, served by an elevator, offers a wide view of the surrounding country.

Symbol Of Friendship

United States And Britain Share Use Of Strategic Islands

Two pinpoints on the map of the Pacific have become a symbol of Anglo-American amity.

The islands—Canton and Enderbury—were referred to by President Roosevelt in his toast to the King at the White House dinner in Washington.

"Two small uninhabited islands in the centre of the Pacific," the President said, "became of sudden interest to the British Empire and to the United States as stepping stones for commercial airplanes between America and Australasia. Both nations claimed sovereignty. Both nations had good cases."

He went on to say that a long-drawn-out argument could have brought ill will and have delayed the use of the islands by either nation. A solution finally was found by the joint use of both islands by both nations, with the question of sovereignty deferred for 50 years.

Mr. Roosevelt commented that if this example "could only be universally followed, relations between all countries would rest upon a sure foundation, and men and women everywhere could once more look upon a happy, a prosperous and peaceful world."

The islands are members of the Phoenix group of eight, nearly in the centre of the Pacific, a short distance south of the equator.

Soldier Made A Mistake

Trumpet-Major R. Hine of the 10th Dragoons, 1st Brigade Cavalry, Brantford, Ont., who tossed his 10th Dragoon badge on the platform of the royal train at King George's feet, has been relieved of his position and stripped of his rank. "I tossed it as a souvenir for the King," Hine said.

To aid motorists to save money to buy new cars, a Pennsylvania man has invented an attachment that requires the insertion of a coin into a savings bank before a car can be started.

European racing automobiles have been developed under an international formula limiting weight to 1,650 pounds empty, with wheels, but without tires.

THE NEW Firestone CHAMPION

The Only Tire Made with the New Safety-Lock Cord Body and Gear-Grip Tread

Never before in Firestone's experience has a tire met with such instant approval. Car owners everywhere recognize it as a *new kind* of tire with a combination of safety features never before offered. Look at these advantages:

Safety-Lock Cord Body

The new Safety-Lock cords are locked together by a new and advanced method of Gum-Dipping. It adds 35% strength—and greater strength means greater safety.

Gear-Grip Tread

The sensational new Gear-Grip tread with thousands of sharp-edged angles grips the road with a sure-footed hold to protect you against skidding and for quick-sure stops. Now is the time to get this safety protection for your car—see the nearest Firestone Dealer today.

PROVED ON THE SPEEDWAY—FOR SAFETY ON THE HIGHWAY

How You May Reduce Varicose or Swollen Veins—Heal Ulcers

A Simple Home Treatment

The world progresses. Today many minor ailments that took weeks to overcome can be helped much more quicky. If you have varicose veins or bunches, start today to bring them back to normal size and if you are wise you will do so.

Just get an original bottle of Moone's Emerald Oil at any dispensing pharmacist and apply it night and morning to the enlarged veins. In a short time the veins should begin to grow smaller and by regular use soon approach normal.

People who want to reduce varicose veins or swellings, should not hesitate to try a bottle at once. It is so penetrating and economical that a small bottle lasts a long time.

CHINOOK UNITED CHURCH

Sunday School 10:45 a. m.
Mr. J. Charyk, M. A. Supt.
Church Service 11:45 a. m,

A cordial invitation is extended to all to share the fellowship and inspiration of these services.

Rev. H. A. Whaley
Youngstown
Minister

RESTAURANT

Meals at all hours

All Kinds Tobacco and Cigarettes

SOFT DRINKS and Confectionary

Ice Cream

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For
DRAYING
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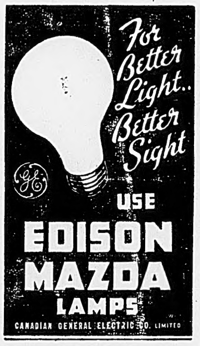

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GROCERY NEEDS

Libby Tomato Soup	3 for	.28c
Aylmer Pork & Beans	3 for	.29c
Sandwich Spread	glass	.24c
Corn flakes	3 for	.27c
Brookfield Cheese	per lb	.23c
Tapioca	3 lbs	.25c
Strawberries	2 for	.25c

Gopher Poison, Paris Green, Tarred & Plain Buildiug Paper, Roofings Tractor Fuels, Greases & etc.

BANNER HARDWARE AND GROCERIES

Rev. G. H Barrett, who has been appointed to take charge of the Youngstown and Chinook United Chnrches, will preach on Sunday, July 2nd at 11:45 in Chinook.

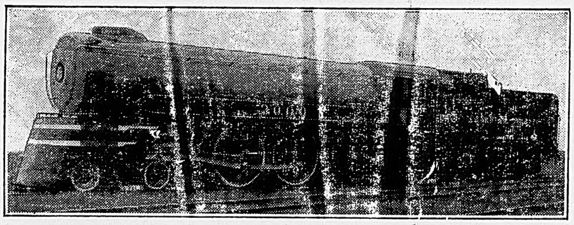
Canadians should remember that patriotism means trying to serve one's country between wars just as much as in wars.

Mr, and Mrs. Fred Hobson and family of Cees, formerly of Chinook, have been visiting at the home of Mrs. Roy, Mrs Hobson's sister, and also with their old friends in the Chinook district.

Weather is Ideal For Wheat

After the long wet weather of June the skies have cleared up and the growth is simply marvelous.

New Locomotives Poems in Steel



Canada's newest railway locomotives are poems in steel, graceful, light-weight, semi-streamlined, machines capable of 110 miles an hour.

Radical departures in construction have been made in the Canadian Pacific Railway's five new "3000" engines, the first of which was taken over on Monday, July 27, at a brilliant ceremony which was broadcast on a nation-wide radio net-work through the facilities of the company's Communications Department, and which included addresses by Sir Edward Beatty, G.B.E., K.C., LL.D., chairman and president, Canadian Pacific Railway; His Worship Mayor Camillien Houde of Montreal; William C. Dickerman, president of the Montreal Locomotive Company, where the new locomotive was built; and J. N. Burke, Canadian Pacific veteran.

The new Jubilee Locomotives, so named because they will go into operation in the jubilee year of the company's transcontinental passenger service, will pull a completely new type of train, lighter than the ordinary, semi-streamlined, and comfortable. The new coaches are under construction.

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Alberta Made

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YOU NOT ONLY Get the BEST
But you help ALBERTA FARMERS
and ALBERTA INDUSTRY.

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FARMERS TURN TO NEWER POWER METHODS TO LOWER COSTS OF PRODUCTION

"With wheat seeding completed and the rains general throughout the West the setting is one of great promise for 1939", said John Martin of the Executive staff of Massey-Harris Company, Toronto, who was in Hanna on Tuesday during a two weeks' trip through the province on behalf of his Company.

"The great rains of the past week", he says, "have gladdened the hearts of the West and came just in time to remove the growing fear threatening danger to the young crop."

"Disturbed minds, as a result of the uncertainty regarding grain prices, have had a retarding effect on general implement sales, but the striking feature of this year's business so far is the remarkable manner in which tractor and power machine sales are holding up. "The explanation," Mr. Martin says, "is easy to understand, when one realizes that at the continuing low prices for grain the farmer is forced to consider and turn to the most economical way of performing his work. The lower cost of operating present day high compression tractors opens up a wider field for them, and", he added, "the recent reduction in the price has, of course, given extra impetus to sales."

"No one travelling through the farm lands can but be impressed with the advantages of the latest power equipment now available to the farmer, and its assistance in helping him to get his cost down to where he can profitably produce his crops in view of present prices."

"In an interview the other day, J. S. Duncan, vice-president and general manager of the Massey-Harris Company, quoting figures to prove his point, made the statement that "a wheat farmer can equip today with the approved modern equipment for over 25 per cent less than he could have done ten years ago—in 1929, and the newer equipment cuts the cost of operations by 50 to 60 per cent. Battling through the difficult years, handicapped just as the farmer himself has been, the implement industry has been devoting its ability and energy to developing machines to enable farmers to master the problem of lowering his production costs, and it has made available vastly improved machines in the one-way disc seeder and small combine, which call for lower investment in machinery and greatly reduced operating expenses over those required in what we think of as the good days of 1929."

The Alberta correspondent of the Canadian Medical Association Journal writes: "The Provincial Travelling Clinic will this year cover a territory in which there are no physicians, and will thus be doing what was originally planned it should do. For several years, owing to pressure from certain organizations, this clinic went to places where resident physicians could not meet the need, but not so this year. Owing to crop conditions and prices many districts have been unable to pay for medical services and physicians have been obliged to seek places where a living revenue was possible, thus there is need of the travelling clinic.

CARD OF THANKS

The members of the Cosy Corner Sewing Club wish to thank Mr and Mrs. Morrell for their kindnes in putting ona most enjoyable party, held at their home on Saturday evening, June 24th. Games such as "Bingo" and "Jenkyns Up" started the fun. Emly Zawasky played several piano solos

A most delicious lunch and fresh fruit was served at the close. At about eleven o'clock the party broke up, all leaving for their respective homes feeling that they had a wonderful time.

We also wish to thank Mrs. Morrell for the interest she has taken in the Club in teaching us to do sewing and etc.

Signed
The Cozy Corner Sewing Club

The Financial News

Marking its eleventh anniversary, THE FINANCIAL NEWS of Vancouver has issued a 50 page special supplement to its regular issue of May 26.

Reviewing in detail the progress of individual western mining and oil companies during the past year and including, as well, sections relating to the lumber, fishing and manufacturing industries, this year's special number of THE FINANCIAL NEWS has broadened its scope considerably. Included in the issue is a considerable amount of information concerning Alberta.

Printed on book paper and copiously illustrated, the edition should be especially useful in conveying to persons elsewhere a comprehensive review of the resources and the recent progress of Western Canada.

Chinook Hotel

Try Our Meals
GOOD ROOMS
at reasonable price
Your patronage will be appreciated.

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CHINOOK ORCHESTRA